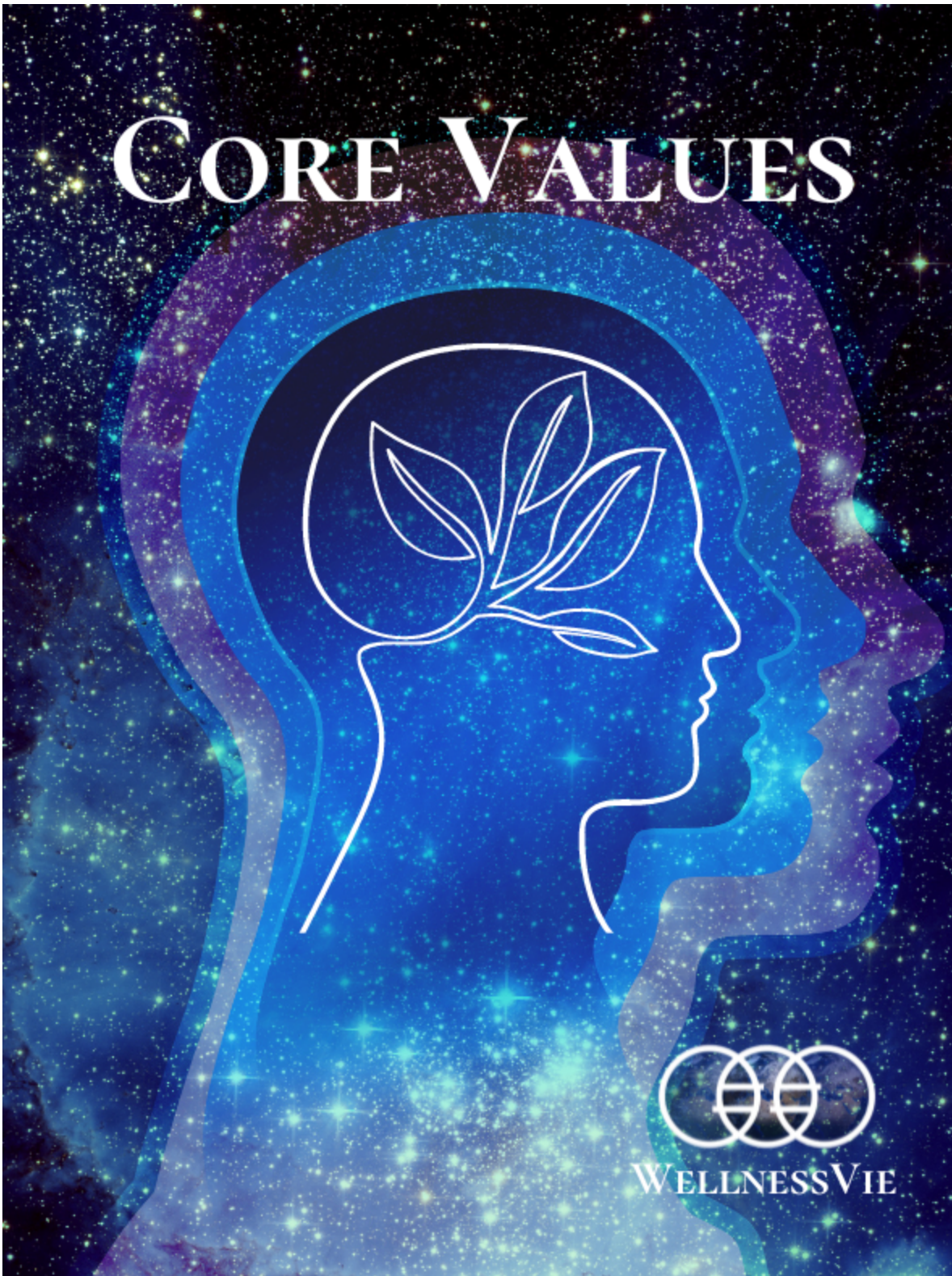


CORE VALUES



WELLNESSVIE

The Ultimate List of CORE Values

Circle the words that will lead your life in a positive direction.
Choose the TOP - Three to Six Words and write them in the space below

Acceptance Accomplishment Adaptability Adventure Affection Ambition Authenticity Autonomy Awareness Balance Beauty Belongingness Cheerfulness Clarity Cleanliness Collaboration Comfort Commitment Community Compassion Competence Confidence Connection Consistency Consciousness Contentment Contribution Courage Creativity Curiosity Decisiveness Determination Dignity Discipline Diversity Dynamism Efficiency Empathy Environment Equity	Ethics Excellence Fairness Faith Family Fidelity Financial Stability Flexibility Focus Forgiveness Freedom Friendship Frugality Fun Future Generations Generosity Giving Back Grace Gratitude Growth Harmony Health Helpfulness Home Honesty Hope Humility Humor Imagination Impact Inclusion Independence Initiative Innovation Inspiration Integrity Intelligence Intuition Job Security Joy	Justice Kindness Knowledge Leadership Learning Legacy Leisure Love Loyalty Making a Difference Nature Open-Mindedness Openness Optimism Order Organization Parenting Passion Patience Patriotism Peace Perseverance Personal Fulfillment Positivity Power Pragmatism Pride Professionalism Quality Quietness Recognition Reliability Resilience Respect Responsibility Risk Taking Safety Security Self-Expression Self-Respect Serenity	Service Silliness Simplicity Solidarity Spirituality Spontaneity Sportsmanship Stewartship Strength Success Teamwork Thrift Transparency Trust Truth Uniqueness Understanding Usefulness Vision Vulnerability Warmth Wealth Well-Being Wholeheartedness Wisdom Write your own: _____ _____ _____ _____
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My List of Values that Lead My Life in a Positive Direction

1	2	3	4
5	6	7	8