

8 TO CREATE

Ask Yourself
these 8 Deep
Questions & Create
A Fearless Day



Begin your morning by answering one or two of these Deep Questions and create:

A Fearless Day



1. What would I do differently if I wasn't afraid?
2. What's holding me back from being my TRUE self?
3. Where am I putting myself in a box I am not made for?
4. What does my higher self want me to know?
5. What excuses am I telling myself that are coming from a place of fear?
6. Where can I be more curious and uncover more about myself?
7. What am I self conscious about that I can LOVE?
8. What do I give myself permission to change?

What's holding me back
from being my TRUE self?



What does my higher self
want me to know?



What excuses am I telling myself that are coming from a place of fear?



Where can I be more curious and uncover more about myself?





*I took the one less
travelled by
and that made
all the
difference*

